

OB / GYN Residency Clinic

“Not Turned Around”



Monica’s pregnancy was a challenge from the beginning. Her family was disappointed because they had hoped she would be the one whose life was not turned around by early pregnancy. Monica herself had been born to a teen mother and was raised by her grandmother. At age 16 and diabetic, however, she faced many physical challenges. With alcoholism in her family, she faced social and emotional challenges as well.

The OB/GYN Clinic was up to the challenge, however. The staff made sure to give her extra time to understand all aspects of her diabetes and its management. Medical residents were careful to sit down with her to listen to her questions. As her case manager, Jill was very involved with supporting Monica in any area needed. She helped Monica to keep clinic appointments regularly and to bring in her information about monitoring her diabetic diet. Jill reinforced the education that Monica had received about diet and exercise. She also referred Monica to “Blanket of Love”, a prenatal support program run by a Columbia St. Mary's parish nurse within the community. Monica attended for the childbirth education and the social support of other young mothers.

Monica also attended the special OB/GYN High Risk Clinic session for high risk mothers run by a Columbia St. Mary's Perinatologist. She had some complications of her pregnancy that required hospitalization at times for her health and for the health of her baby. Monica was able to cooperate with the medical requirements and overcome her many challenges to eventually deliver a healthy baby by Caesarian section. She has come to the Clinic’s postpartum visit and plans to continue with the Blanket of Love program to receive education and support for her parenting. She still hopes to be the one family member whose life was not “turned around” by an early pregnancy.

For more information on OB/GYN Residency Clinic please visit: www.columbia-stmarys.org